



Erasmus+ Programme International Credit Mobility Key Action 1: Learning mobility of Individuals

What is it?

Credit mobility can be defined as a limited period of study or traineeship abroad (in the framework of on-going studies at a home institution) for the purpose of gaining credits. After the mobility phase, students return to their home institution, where the credits should be recognised and they complete their studies.

How does it work?

Students (from all levels) and doctoral candidates are able to study abroad for a period of three months (or one academic term or trimester), up to a maximum of 12 months in each study cycle and may benefit from an Erasmus+ grant.

In order for the mobility to happen, a Higher Education Institution (HEI) in a Programme Country must sign an **inter-institutional agreement** with a HEI in a Partner Country. Under this agreement, it can host students, doctoral candidates or staff from the Partner-Country HEI, and can also send students or doctoral candidates to the Partner-Country HEI. In the agreement, the sending and receiving institutions agree on the range of courses open to visiting students. These agreements make sure that the sending institution will recognise the credits gained by its students for successfully completed activities abroad, which will contribute to the student's degree once they return.

Programme Countries	28 EU Member States + Iceland, Liechtenstein, Norway, the former Yugoslav Republic of Macedonia, Turkey
Partner Countries	All other countries worldwide (see Programme Guide)

How is it funded?

Students and doctoral candidates from Partner Countries may receive a monthly contribution to their expenses abroad of between EUR 750, EUR 800 or EUR 850 (depending on the cost of living in the Programme Country: Group 1, 2 or 3). For students and doctoral candidates going to Partner Countries from Programme Countries, the rate is EUR 650 per month for all Partner Countries.

Each selected individual participant will get a travel contribution based on the distance from the sending to the receiving institution.

Group 1	Denmark, Ireland, France, Italy, Austria, Finland, Sweden, United Kingdom, Liechtenstein, Norway
Group 2	Belgium, Czech Republic, Germany, Greece, Spain, Croatia, Cyprus, Luxembourg, Netherlands, Portugal, Slovenia, Iceland, Turkey
Group 3	Bulgaria, Estonia, Latvia, Lithuania, Hungary, Malta, Poland, Romania, Slovakia, former Yugoslav Republic of Macedonia

Distance	Travel contribution
100-499 km	EUR 180
500-1999 km	EUR 275
2 000-2 999 km	EUR 360
3 000-3 999 km	EUR 530
4 000-7 999 km	EUR 820
≥8 000 km	EUR 1100

How can a Lebanese student apply?

The student should already be enrolled in a recognised Lebanese higher education institution. He/she should contact the International Relations Office at his/her institution to see what International Credits Mobility projects with Programme country institutions are offering scholarships and how to apply.

For more information

Consult the "Students Corner" at the website of the National Erasmus+ Office Lebanon at www.erasmusplus-lebanon.org, write to neo@erasmusplus-lebanon.org or call +961 3 654180